		unity Food - (page 1/3) free in Stockton-on-Tees		
Plea		ck with the organisation before travel, tails are subject to change.	Scan with phone camera to view interactive map	
	Book	Stockton Family Hubs - Stockton, Billingham & Re <i>ing essential</i> - Telephone: 01642 528525 y for a free meal - serving up a different meal every wee		
	Week	Week 1: Jacket potato with Filling k 2: Spaghetti Bolognese with Garlic Bread 3: Chicken Curry with Rice and Naan Bread k 4: Mince and Dumplings with Vegetables		
Stockton Family Hub	Tuesdays 3.30 - 4.30pm	Stockton Family Hub, Yarm Rd, Stockton-on-Tees TS18 3PJ		
Billingham Family Hub	Wednesdays 3.30 - 4.30pm	Billingham Family Hub, Ochil Terrace, Stockton-on-Tees, Billingham TS23 2QL		
Redhill Family Hub	Thursdays 3.30 - 4.30pm	Redhill Family Hub, Redhill Rd, Roseworth, Stockton-on-Tees TS19 9BX		
Nitelight stall, Stockton Central	First two Mondays of every month, 11am - 1pm	70 free pie, peas and roasties meals in partnership with Just Love Pies, subject to availability. Other free food items, clothing and hygiene essentials on the stall. First two Mondays of every month, 11am-1pm (except bank holidays, date is moved to the following Monday). Telephone: 07790 627499 Email: info@nitelightcic.co.uk		
Stockton Baptist Church, Stockton Central (booking necessary)	Thursdays 12 - 2pm	Booking necessary. Three course meal for £3, running weekly (except holidays). Everyone over 60 years is welcome. This service pauses over the summer (pauses in mid-July and resumes in September). Concessions available, ring to ask. A short Christian-themed talk is held at 1pm. The Square, Stockton on Tees, TS18 1TE. Telephone: 01642 050696 Email: office@stocktonbaptistchurch.co.uk		
Stockton Parish Church, Stockton Central	Wednesdays 12 - 2pm	Free soup, sandwiches & hot drinks. Everyone is welcome, no booking required. Part of the session is a Bible teaching, although there is no obligation to stay for this. High St, Stockton-on-Tees TS18 1SP Telephone: 01642 611734 Email: office@stocktonparishchurch.org.uk		
Stockton Salvation Army, Stockton Central	Mondays 12.20 - 1.30pm	Free takeaway meal every Monday from 12.20-1.30pm. Palmerston Street, Stockton-on-Tees, TS18 1NU Telephone: 01642 617629 Email: stockton.citadel@salvationarmy.org.uk		
St. Peter's Church, Ropner (for asylum seekers & refugees)	Wednesdays 11 - 2.30pm	Free hot meal every Wednesday from 11-2.30pm (for asylum seekers and refugee community only). Craft activities from 11-12pm, lunch from 12-1pm Clothes and housewares available, advice & information available. Telephone: 07958 345177 Email: info@stpetersstockton.org		

Hot Community Food - (page 2/3) low cost or free in Stockton-on-Tees



Please double check with the organisation before travel, as details are subject to change.

Scan with phone camera to view interactive map

The Lighthouse Drop-in Centre, Ropner	Mon to Fri 10 - 1.45 pm, Sunday 10 – 1.45pm	Low cost café with surplus food items, sold at 50p each at the counter, subject to availability. 34 Yarm Rd, Stockton-on-Tees, TS18 3NG. Telephone: 01642 640033	
Purple Rose, Newtown	Fridays 4pm - 6.30pm, see details	Free hot food drop-in meal & drinks, music, socialisation & donated item Everyone welcome. Fridays 4pm - 6.30pm (except 1st Friday of the month Newtown Community Resource Centre, Durham Road, TS19 0DE Telephone: 07359 573557 Email: purplerosehealthandwellbeing@yahoo.cc	
The Shack, Ragworth	Tuesdays & Fridays, see details	Tasty Tuesdays (term-time) - 10-1pm - food & hot drinks (e.g. soup, breakfast buns, muffins, may vary) Friday breakfast (term-time) - doors open 9am, food served at 9.30am: breakfast with drink. Donations welcomed. The Shack, Dover Rd, Stockton-on-Tees TS19 0JU. Telephone: 07557 38180 Email: theshackcommunityprojects@gmail.com	
St. Michaels and All Angels Church, Norton	Specific Fridays, see details	Free hot food on specific Fridays, please contact venue for further dates. Imperial Ave, Norton, Stockton-on-Tees TS20 2EW Telephone: 07854 108393 Email: nortonfoodbank@gmail.com	
Norton Grange Community Centre, Norton	Wednesdays 12 - 2pm	Free lunch club on Wednesdays 12-2pm, running alongside their communi pantry. At the lunch club, access support & referrals for employment, housing, budgeting and more. Lunch club pauses during the six week summer holiday. 64 Somerset Rd, Norton, Stockton-on-Tees TS20 2ND. Telephone: 07881 940592 Email: Kelly.Potts@groundwork.org.u	
St Mary's Parish Hall, Norton Green	Specific Mondays, see details	Free lunch on specific Mondays, check with venue for further date 70 The Green, Norton, Stockton-on-Tees, TS20 1DT Telephone: 07505 464005	
Holy Trinity Parish Church, Hartburn	Thursdays 12 - 1.15pm <i>(term time</i> <i>only)</i>	*Service temporarily postponed, contact organisation for reopening date Gener8 Luncheon Club - everyone is welcome. Food menu items betwee £1.50 - £3.15. Soup, toasted sandwiches, specials, cake - subject to availab Upsall Grove, Stockton-On-Tees, TS19 7QU Telephone: 01642 570102 Email: holytrinitywithstmarkoffice@gmail.com	
Sprouts Community Café at Victoria Park, Thornaby	Tuesdays & Wednesdays, 10 - 2pm	Serving low-cost hot food, snacks and drinks. Victoria Park Communit Centre, Peel St, Thornaby, TS17 6HL. Telephone: 07980 808920 Email: info@littlesprouts.org.uk	
The Vine Café at Teesside Vineyard Church, Thornaby	Wednesdays 10 - 12pm	Free community café. Free hot drinks, pastries, cake (subject to availability A place to connect with others, everyone welcome. Free childrens' breakfa (term-time) at the café. Runs alongside Grow Baby Teesside's free shop fo baby clothes. Acklam Rd, Thornaby, Stockton-on-Tees TS17 7HD. Email: hello@teessidevineyardchurch.co.uk	

н		ree in Stockton-on-Tees	
			Scan with phone camera to view
			interactive map
Thornaby Methodist Church (over 60s welcome)	Every first Thursday of the month, 11.30 - 2pm	Thornaby Methodist Church hot meal, everyone over Donation of £2.50 encouraged. Stanstead Way, Tl Stockton-on-Tees TS17 9DZ	
Breakfast Club at Café 81, Oxbridge Lane <i>(see details)</i>	Every Wednesday, 10.30 - 12pm	Breakfast Club at Café 81, Oxbridge Lane - every Wednesday 10.30- 12pm. Safe and welcoming breakfast group for those with dementia, their families and their carers to relax and make new friends. Full english breakfast starting at around £5.	
		supportive cafés for people with dementia, their familie vice & information. Hot drinks & light refreshments avai	
Thornaby Dementia Café	Every second Friday of the month, 1.30 - 3pm	Thornaby Dementia Café at Thornaby Library, free re	freshments.
Stockton Dementia Café	Every first Monday of the month, 11.30 - 2pm	Stockton Dementia Café at Stockton Parish Church, low cost refreshmen	
Yarm Dementia Cafés (in two locations)	(See details)	Yarm Dementia Cafés: <i>Yarm Methodist Church</i> , low cost refreshments. Every first Saturday of the month, 10-12.30pm. Also runs at <i>Yarm Wellness</i> , every third Monday of the month, 12.30 - 2pm.	
Billingham Dementia Café	Every second Monday of the month, 11.30 - 2pm	Billingham Dementia Café at St. Aidans Church, low cost refreshments	
Sunday Lunch Service, Billingham	Delivery service, referral required <i>(see details)</i>	Free two course Sunday meal for older residents within the Billingham Community, delivered to residents' homes. Referral required - this could b from social worker, GP or other agency. Billingham Town Council. Telephone: 01642 551171 Email: info@billingham-tc.gov.uk	
Low Grange Community Centre, Billingham	Tuesdays 12 - 3pm	Free tea and toast with the Tea, Toast and Talk community group, everyor welcome. Run by Billingham Environmental Link Programme. Telephone: 01642 564077. 169 Low Grange Ave, Stockton-on-Tees, Billingham TS23 3PF	
Yarm Wellness, Yarm Youth & Community Centre	Fortnightly Tuesdays, 1.30 - 3.30pm (see details)	Free coffee, cake and company, 1.30-3.30pm. Sept 26th and continuing of Tuesdays, fortnightly. Everyone is welcome - enjoy a warm space, and me new friends. Wellness Centre, High Church Wynd, Yarm TS15 9BQ Telephone: 07732 395441 Email: yarmwellness@gmail.com	
Casserole & Crumble, Yarm	Delivery service (see details)	Meals delivered to older residents, to be reheated at hom organisation. Telephone: 07801 531044 Email: cschyde@	2 2 1 1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
Yarm Lunch Club, Yarm Community Centre	Fortnightly on Tuesdays, (see details)	Fortnightly on Tuesdays, a two course hot meal for old Enquire with organisation, may be a waiting list. Yarm Co High Church Wynd, Yarm TS15 9BQ. Email: yarmlunchcl	ommunity Centre

Leaflet updated: October 2023

Stockton-on-Tees Food Power Network

SFPN@catalyststockton.org