

Offer for Young People

We believe that in order to progress with their lives, young people need good quality accommodation and to feel safe and supported to manage their homes. North Star's supported accommodation is fully furnished and presented to a high standard. The staff team is experienced, knowledgeable and passionate about the service they deliver.

We want to ensure that we offer young people the best opportunities to develop independent living skills and access to a range of other services to enable them to meet their personal goals and move on from our services in a planned and positive way.

To give young people a voice to help shape our services, we: -

Offer a range of opportunities to feed-back about the service/support they
have received. For example, informal, weekly breakfast drop-ins, monthly
tenant meetings, suggestion box, surveys.

To enhance young peoples' access to a wide range of services, we: -

• Host drop- in sessions with other partners and agencies, to improve the services we deliver.

To support young people to develop life-skills and build resilience, we: -

- Have links with a range of organisations e.g. Princes Trust, Fairbridge, Actes who deliver, outward bound activities, personal development and good citizenship skills and employment skills,
- Work in partnership working with local youth organisations.



To promote independent living skills, we: -

- Provide individual support, including, budgeting, setting up utilities, understanding bills and how to pay them, looking after a home, understanding a tenancy agreement, managing visitors, reporting repairs and being a responsible tenant.
- Offer weekly group cooking sessions on site.

To facilitate access to learning/training/employment, we: -

- Partner with other local organisations offering training/work experience /placements.
- Promote apprenticeship opportunities.
- Work closely with the local job centre.

To promote good health and well-being, we: -

- In partnership with others, encourage gym membership for care leavers,
- Promote good sexual health.
- Work closely with statutory and voluntary sector mental health services.
- Work closely with drug and alcohol services.
- Have access to a school nurse via children's services.
- Work in partnership with a voluntary sector organisation to offer a drop- in for young women who have experienced sexual exploitation / trauma.

To provide practical help and support, we: -

- Distribute surplus food from a local baker to our young people.
- Work closely with our local food bank.
- Offer a bike-loan scheme

To reduce poverty, we: -

- Have two dedicated welfare benefits advisors.
- Work closely with other agencies, including credit unions and citizens advice bureau.