



HESTIA
CASE STUDIES



GUIDING
STAR

CASE STUDY 3

The initials of the women featured in this case study
have been changed to protect their identities.



12 April 2019

CASE STUDY 3

EF was referred by social workers from James Cook Hospital. She is HIV positive and has been living in unsanitary conditions, which compromised her health. The property had been sourced by the probation service. The property had water running down the walls and the landlord was making her pay a charge for repairs, EF states that she was informed by her previous probation officer that she could not live anywhere else as nobody would have her.

EF was sentenced to 8 ½ years for arson with intent to endanger lives, her two children were in the property when she set fire to the curtains. EF is on License until 2023 and has recently had a Multi-Agency Public Protection Arrangements 2 category removed before moving in to Hestia.

EF has social services involvement (which has recently been removed) and also had supervised contact with her daughter, this has also been removed and EF can see her daughter at any time.

EF is extremely remorseful about the crime she committed and finds it difficult to recognise the decline of her mental health at that time. EF has been on the Starfish waiting list for post traumatic stress disorder therapy which has recently commenced. EF had no offers of intervention work from probation however she has recently had a change of probation officer and this is helping EF's confidence.

EF was claiming Employment Support Allowance and has recently been awarded Personal Independence Payment this has dramatically changed EF's lifestyle and she is able to afford much better quality food etc.

I am hopeful that EF will attend college to continue the education she received in prison

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