



HESTIA
CASE STUDIES




GUIDING
STAR

CASE STUDY 2

The initials of the women featured in this case study
have been changed to protect their identities.



12 April 2019

CASE STUDY 2

CD is a care leaver and has historic issues with alcohol/ drugs and sexual exploitation. She has had multiple tenancies and foster placements, Hestia being her 14th address.

CD has a young son who was taken in to care a month before CD moved in to the service, this was due to CD being found drunk in the street whilst in charge of her son, she was deemed incapable and an immediate foster placement was found.

Since moving in to Hestia CD has worked hard to complete every intervention so that she can have her son returned back in to her care. She is receiving counselling from My Sister's Place for a historic rape and domestic abuse; she is attending Care Grow Live for her dependency to cocaine and alcohol and has stopped any risk taking behaviours. CD has currently been enjoying unsupervised contact with her son, who will soon begin to sleep over and we are hopeful that he will return to his mother's care very soon.

I am hopeful of supporting CD to attend Teesside University for an access course.

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